Awaken Your Soul's Purpose: A Journey Through Akashic Wisdom

About the Course

Embark on a transformative 6-week online journey with the course, "Awaken Your Soul's Purpose: A Journey through Akashic Wisdom." Delve into the realms of possibility as you learn to explore the depths of the Akashic Records. Shared from the perspective of a Know-Your-Soul Guide, this course goes beyond the ordinary, emphasizing active decision-making, personal involvement, and self-discovery. Through meditation, journal writing, reflection worksheets, and an assortment of invaluable tools, you will not only uncover the innate wisdom that resides within you and learn to seamlessly integrate your purpose into your daily life, but also authentically express yourself in the world around you. Join me on this journey and discover a transformative path toward embracing your unique gifts and igniting your life's purpose.

Course Outline

- 1

Welcome
1. Workshop Navigation
2. Survey: What is your experience with the Akashic Records?
3. Quick Tips to Navigate
4. My Background
5. Story Time

- 2

Week 0: Pre-Course Orientation
1. Introduction
2. You will need . . .
3. Guiding Principles for Teacher and Students
4. Course Outline
5. Overview of Modules
6. Student Learning Outcomes
7. Pros & Cons of a Spiritual Journey

- 3

Week 1 Module: Embrace Your Quest
1. Module Overview – Week 1
2. Lesson 1: Introduction to the Course and Objectives
3. Lesson 2: Understanding the Concept of Soul's Purpose and its Significance
4. Lesson 3: Recognizing the Call for Self-Discovery and Personal Growth
5. Lesson 4: Exploring the Interconnectedness of Purpose and Daily Life
6. Week 1: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- 4

Week 2 Module: Tune into Your Inner Wisdom
1. Module Overview – Week 2
2. Lesson 5: Cultivating Mindfulness and Presence in Daily Activities
3. Lesson 6: Recognizing the Language of Intuition and Inner Guidance
4. Lesson 7: Tuning into Gut Feelings and Inner Whispers

5. Week 2: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- **5**

Week 3 Module: Decode Joy and Passion

1. Module Overview – Week 3
2. Lesson 8: The Dance between Passion and Purpose
3. Lesson 9: Source of Joy and Enthusiasm
4. Lesson 10: Unlocking Soul's Purpose through Hobbies and Interests
5. Lesson 11: Creative Expression as a Pathway to Purpose
6. Week 3: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- **6**

Week 4 Module: Find Purpose in Daily Life

1. Module Overview – Week 4
2. Lesson 12: Integrating Purpose into Routine
3. Lesson 13: Mindful Approach to Daily Interactions and Challenges
4. Lesson 14: Discovering Hidden Opportunities
5. Lesson 15: Infusing Tasks with Intention
6. Week 4: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- **7**

Week 5 Module: Values as Compass

1. Module Overview – Week 5
2. Lesson 16: Defining and Understanding Core Values

3. Lesson 17: Illuminating the Path – Aligning Values with Soul Purpose
4. Lesson 18: Empowerment Through Values – Guiding Decisions and Goals
5. Lesson 19: Strategies for Living Authentically According to Your Values
6. Lesson 20: Creating a Values-Based Action Plan
7. Week 5: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- **8**

Week 6 Module: Awaken Your Soul's Purpose

1. Module Overview – Week 6
2. Lesson 21: Reviewing the Transformative Journey and Personal Growth
3. Lesson 22: Embracing Imperfection and the Ongoing Nature of the Journey
4. Lesson 23: Acknowledging the Progress Made and Celebrating Achievements
5. Lesson 24: Encouragement to Continue Integrating Purpose into Daily Life
6. Lesson 25: Stay Connected
7. Know Your Soul Journey Week 6: Practical Exercises, Reflect and Discuss, Toolkit, and Co-Create this Course

- **BONUS**

Bonus Live Follow-Up

Class runs from October 10 to November 14, 2023. A LIVE follow-up Zoom session will be arranged in the week of November 21, based on the majority's date/time preference.